OFFICE OF THE PRINCIPAL LANKA MAHAVIDYALAYA: LANKA: HOJAI: ASSAM

REPORT OF

Date: 15/03/2023

Two Days District Level Training Program on "Emotion Well Being & Mental Health" On dated 14th & 15th March, 2023

The Incubation Centre for Mental Health & Growth (ICMH &G), IQAC, Lanka Mahavidyalaya, Lanka, Hojai, Assam, in collaboration with SAMAGRA SIKSHA (Secondary Education), Hojai, Assam, organized a Two Days District Level Training Program for Nodal Teachers of Secondary and Senior Secondary Schools, Hojai, Assam, on the topic, "Emotion Well Being & Mental Health" on dated 14th & 15th March, 2023

In the above training program, all total 73 Nodal Teachers of Secondary & Senior Secondary Schools from various part of Hojai District of Assam have participated, where, Sri Srimanta Sarma, HM, Barhawar A.K.Azar High Schol, Hojai, Assam (Mob. No. -8011650010), Sri Deepankar Borkotoki, PGT (Physics), Public HS School, Lanka, Assam, (Mob. No. 9864536252) and Sri Samannay Laskar, PGT (Zoology), Bhalukmari HS School, Hojai, Assam (Mob. No. -7002930517), all are trained resource persons of Samagra Siksha, Hojai, Assam, graced the occasion as Resource persons.

The program is Coordinated jointly by Convener, Incubation Centre for Mental Health & Growth (ICMH &G), IQAC, Lanka Mahavidyalaya Sri Kamaleswar Kalita and District Program Officer, Samagra Siksha (Secondary Education), Hojai, Assam Mr. Ashok Kr. Gogoi.

(Dr. Phatik Tamuli) Principal Lanka Mahavidyalaya Lanka : Hojai : Assam

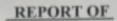
Principal Lanka Mahavidyataya Lanka, Hojai, Assam (Sri Ashok Kr. Gogoi)
District Program Officer,
Samagra Siksha (Sec. Education)
Sankardev Nagar: Hojai: Assam

(Mob. No- 94350-36933) SSFG)
District Programme Officer (Chaster)

(Dr. L. Kakati) Coordinator, IQAC Lanka Mahavidyalaya Lanka : Hojai : Assam

Co-ordinator IQAC, Lanka Mahavidyalaya Lanka, Hojai, Assam Sri Kamaleswar Kalita Convener,

ICMH & G, IQAC Lanka Mahavidyalaya Lanka: Hojai: Assam



Date: 15/03/2023

Two Days District Level Training Program on "Emotion Well Being & Mental Health" On dated 14th & 15th March, 2023 in Lanka Mahavidylaya, Lanka, Assam

The SAMAGRA SIKSHA (Secondary Education), Hojai, Assam, in Collaboration with Incubation Centre for Mental Health & Growth (ICMH &G), IQAC, Lanka Mahavidyalaya, Lanka, Hojai, Assam organized a Two Days District Level Training Program for Nodal Teachers of Secondary and Senior Secondary Schools, Hojai, Assam, on the topic, "Emotion Well Being & Mental Health" on dated 14th & 15th March, 2023

In the above training program, all total 73 Nodal Teachers of Secondary & Senior Secondary Schools from various part of Hojai District of Assam have participated, where, Sri Srimanta Sarma, HM, Barhawar A.K.Azar High Schol, Hojai, Assam (Mob. No. -8011650010), Sri Deepankar Borkotoki, PGT (Physics), Public HS School, Lanka, Assam, (Mob. No. 9864536252) and Sri Samannay Laskar, PGT (Zoology), Bhalukmari HS School, Hojai, Assam (Mob. No. -7002930517), all are trained resource persons of Samagra Siksha, Hojai, Assam, graced the occasion as Resource persons.

The program is Coordinated jointly by Convener, Incubation Centre for Mental Health & Growth (ICMH &G), IQAC, Lanka Mahavidyalaya Sri Kamaleswar Kalita and District Program Officer, Samagra Siksha (Secondary Education), Hojai, Assam Mr. Ashok Kr. Gogoi.

Members Present from organizer:

SL. No	Name	Designation	Mob. No.	Signature
1	Dr. Phatik Tamuli	Principal, Lanka Mahavidyalaya, Assam	9435036933	Xin.
2	Sri Ashok Gogoi	Program Officer Samagra Siksha, Hojai, Assam		V .
3	Dr. Lukendra Kakati	Co-ordinator, IQAC, Lanka Mahavidyalaya, Assam	863828015	8133
4	Sri Srimanta Sarma	Resource Person & HM, Barhawar A.K.Azar High Schol, Hojai, Assam	8011650010	South
5	Sri Deepankar Borkotoki	Resource Person & PGT (Physics), Public HS School, Lanka, Assam	9864536252	1
6	Sri Samannay Laskar	Resource Person & PGT (Zoology), Bhalukmari HS School, Hojai, Assam	7002930517	Starkers
7	Sri Kamaleswar Kalita	HoD, Education & Convener, Incubation Centre for Mental Health & Growth, IQAC, Lanka Mahavidyalaya, Assam	9435862800	Coins.

Attendance Sheet of the Nodal Teachers

Programme: 2 days District Level training on Emotional Well Being & Mental Health ,Organized by SAMAGRA SIKHA, HOJAI, ASSAM in Collaboration with Incubation Centre for MENTAL HEALTH & GROWTH, IQAC, LANKA MAHAVIDYALAYA, LANKA, ASSAM Dated 14th and 15th March/23

Venue Lanka Mahavidyalaya, Lanka

SI No	Block	School_Name	Name of NodaL Teacher Tecaher	Contact No	Signature Day I	Signature Day II
11	LANKA	KAKI HS	GOPAL BORA	(Uholes) 9707879938 7002581361	Gropal Bora.	Gopal Borg.
2 1	LANKA	KAKI SENIOR SECONDARY SCHOOL	SUBHASH CH DAS	9508280401	Subhard Oh. Das	Subhash oh. An
3 1	LANKA	BHALUKMARI HS SCHOOL	SUMIT PANDIT	8876080934	Sumit Pankit	Sumit Randile
4 1	LANKA	SANKARDEV NAGAR HIGH SCHOOL	SANKAR CH BHOWMICK	9365489145	Somkor ch .	Bonkar di
5 1	LANKA	BURUNGA BAZAR SENIOR MADRASSA	Amir Ahmed Laskar	8811944514	9	Sonowmuz
61	LANKA	DIGHIRPAR HS	BILAL UDDIN	9101241467	Bilelessin	Bilal Uddini
7 1	LANKA	NETAJI VIDYANIKETAN HSS	DEBASHREE SHILL	8011104618	Sepaphone Enul	Desames & wel
8	LANKA	SISTER NIVEDITA GIRLS HS	MOUSUMI CHANDA			Margami ghondo
91	LANKA	SRI SRI MADHAB DEV H,SCHOOL,KAKI	Baby Devi		Baley sevi	Baly seri
10 1	LANKA	FARMARPAR HS	YUSUF ALI BORBHUYAN	6001955745		yusuf Ali Barshyan
11 1	LANKA	NABARUN VIDYALAYA H.S.	Maitri Dey		Maitre Dey	Maitre Day
12 1	LANKA	BORBOHA HS	NABAJYOTI NATH		Nabayyor Nam.	Nabayyor Nam
13 1	LANKA	V A DA SLID A DI LUCCIO	Saidul Alom		Saidul Alson	Saidul Aforn

Co-ordinator IQAC, Lanka Mahavidyalaya Lanka, trujur, nobulifi

Detect Programme union tur ask of

Principal*

Lanka Mahavidyalaya Lanka, Hojai, Assure

Attendance Sheet of the Nodal Teachers
Incubation Centre for MENTAL HEALTH & GROWTH, IQAC, LANKA MAHAVIDYALAYA, LANKA, ASSAM
Dated 14th and 15th March/23

Venue Lanka Mahavidyalaya, Lanka

SI	*** *		N			
No	Block	ochoo_Name	Name of NodaL Teacher Tecaher	Contact No	Signature Day I	Signature Day II
141	LANKA	UDALI MAHAMMADIA SR. MADRASSA	NURUL HOQUE	8638316867	(Nural Hogue	(Numil Honus
15 [LANKA	PHULTOLI HS	ASAB ALI	9954762858		Asub Au
16 L	LANKA	LASKAR PACHALI HS	ABDUL MALIK LASKAR	9957417299	Abdul Kalin Garkon	Abdul Malik Horna
17 L	ANKA	NAHKHUTI HS	NURUN NEHAR BEGUM		Control of Manual States	
18 L	ANKA	UDALI HIGH SCHOOL	Abdul Mannan	9508982928	Nurun Nohan Bagar	Aberl Massner
19 L	ANKA	HAJI A.K.MEMORIAL GIRLS H.S	NABAJIT MEDHI	8011199208	Nabazit Hedh	
20 L	ANKA	CHITALMARI HIGH SCHOOL	Mizaur Rahman Chowdhury	853 8099183 9954117718	Same DO 1	Jan Alma
21 L	ANKA	KAKI ADARSHA HS	Mahendra Dibragade	9957659925	Modendra Dibugade	Mohandka Stibrezgio
22 L	ANKA	KAKI CHAL CHALI HS	Atul Chandra Nath	9101630239	Heal Ch. North	Atal Ch. North
23 L/	ANKA	MOWLANA ABDUL HANNAN KHAN H.S	MASHUD AHMED	8876656600	Markon Ohmo	Keyhow Jhow
24 LA	NKA	SRI SRISANKARDEV HIGH SCHOOL	HITRAM NATH	8638787686	Markon Ahma	Shi Hit Kon Note
25 LA	NKA	SAMORALI TINIALI HS	Bhumidhar Barman	9678526062	62	m.
26 LA	NKA	PURANA KAKI HIGH SCHOOL	Harakanta Rajkhowa	9101211497	Gar.	9

Co-ordinator*
IOAC, Lanks Mah- 3ys
Lanks, Hojal, ... + h

ONUR Programme Officer (CPSSFG)

Principal

Lanka Mahavidyalava

Lanka, Hojai, Assaw

Attendance Sheet of the Nodal Teachers

Programme: 2 days District Level training on Emotional Well Being & Mental Health ,Organized by SAMAGRA SIKHA, HOJAI, ASSAM in Collaboration with Incubation Centre for MENTAL HEALTH & GROWTH, IQAC, LANKA MAHAVIDYALAYA, LANKA, ASSAM Dated 14th and 15th March/23 Venue Lanka Mahavidyalaya, Lanka

SI No	Block	School_Name	Name of NodaL Teacher Tecaher	Contact No	Signature Day I	Signature Day II
27	LANKA	RASTRABHASA HSS	SUNITA DEBNATH	8472886774	Sunita Debrath.	Sunita Debrath.
28	LANKA	PRANAB VIDYAPITH HIGH SCHOOL	SUPRIYA ACHARJEE	9101715802	Supringer Achariton	Sugring Acharjas
29	LANKA	LUMDING ASSAMESE H.SCHOOL	JUTIKA BHAGAWATI	7002601564	Fettlia Bhagawet	Fishka stagawati.
30	LANKA	NATIONAL H.S. SCHOOL	RUPU CHOUDHARY LODH	8638777063	Rupu chowdhwy Kodh. 14-03-2015	Repu chowdhurey
31	LANKA	BLBSDV HINDI HIGH SCHOOL	MADHAB GOPE	9854926520	Modhab Ste	Madhal lofe.
32	LANKA	B MB HIGH SCHOOL,LUMDING	MANJOY RAM	9101312275	Marijog Ram	Mangoy Ram
33	LANKA	EAST LUMDING H.SCHOOL	Partha Lodh	9954616231	Partha dook	Porthe Loch
34	LANKA	LANKA HS	Indra Bahadur Chetry	8811993733	Indea Baladors Calin	The Colodos Tiles
35	LANKA	PARASURAM MAZUMDAR GIRLS HS	GOPA RANI DAS	9859133120		
36	LANKA	PUBLIC HS SCHOOL	RUMPI DAS	9101349808	Rumpi Bad	Lempi Rat
37	LANKA	DAKHIN LUMDING H.SCHOOL	Gautam Das	9435069085	Gautan Das.	Ganten Das
38	London	KGBY, Lumding	Priyorka Choudhury	7002019151	Prizonta Choudhury	Prigonhea choudhur

	Attendance Sheet of the Nodal Teachers Programme: 2 days District Level training on Emotional Well Being & Mental Health , Organized by SAMAGRA SIKHA, HOJAI, ASSAM in Collaboration with Incubation Centre for MENTAL HEALTH & GROWTH , IQAC, LANKA MAHAVIDYALAYA, LANKA, ASSAM Dated 14th and 15th March/23 Venue Lanka Mahavidyalaya, Lanka							
Sl	Block	School_Name	Name of NodaL Teacher Tecaher	Contact No	Signature Day I	Signature Day II		
1	JUGIJAN	DABAKA GIRLS HS	PRASANTA HAZARIKA	9435769091	Prospanta Hapira	Pomente Harriso		
2	JUGIJAN	DOBOKA HSS	FOYAZ UDDIN AHMED BORBHUYAN	9957901866		Frigor Wolling		
3	JUGIJAN	DOBOKA MATLA UL ULUM SR. MADRASA	MEHBUBUR RAHMAN	9707167733	Mehbuburg.	Mehbubur lah		
4	JUGIJAN	DR.B.R.AMBEDKAR HIGH SCHOOL	NIZAM UDDIN BORBHUYAN	9954406596	Suzalization			
100	JUGIJAN	BARHAWAR AK AZAD HS	BABRUL HUSSAIN CHOUDHURY	7002104709	Babrul Hussain Chordhurs	Babrul Hussain		
-	JUGIJAN	PADUMPUKHURI HIGH SCHOOL	SNEHASISH CHAUHAN	9864453407	Snehasish	Snehasirh Chauhan		
	JUGIJAN	ABDUL KHALIQUE MEMORIAL HS	RAJMOHAN SINGHA	6003190985	Rajmohan Single	Raymohan Single		
1	8 JUGIJAN	ISLAM NAGAR HS	JAHIRUL ISLAM	9854100012	Joshimy glain	Jahimi Man		
-	9 JUGIJAN	MODERTOLI HS	DHARITRI BORA	6002608875	Shareitzei Boren	Sharestow Born		
1	0 JUGIJAN	NILBAGAN MODEL H.S. SCHOOL	SANGITA BORAIA	9101734527	Sagila Bonah	Sagista Bouch		
1	1 JUGIJAN	DR. ZAKIR HUSSAIN HS	ABDUL KADIR	1252745751	Staul Kalin	Abdul Kasis		
1	2 JUGIJAN	MURAZAR SR. MADRASSA	BOSHIR AHMED	9954543698	Boshir Has	akes		
1	3 JUGIJAN	MURAJHAR HSS	ABDUL QUDDUS	8638489464	dodn't Ruddus	affall Ruddw		
	IQAC, La	o-ordinator rika Mahavidyalays a, Hojai, Assam	The Program of Section 1985		July 1	and the same		

_	Attendance Sheet of the Nodal Teachers Programme: 2 days District Level training on Emotional Well Being & Mental Health, Organized by SAMAGRA SIKHA, HOJAI, ASSAM in Collaboration with Incubation Centre for MENTAL HEALTH & GROWTH, IQAC, LANKA MAHAVIDYALAYA, LANKA, ASSAM Dated 14th and 15th March/23 Venue Lanka Mahavidyalaya, Lanka							
SI No	Block	School_Name	Name of NodaL Teacher Tecaher	Contact No	Signature Day I	Signature Day II		
14	JUGIJAN	RAIKATA TRIBAL HS	GOBINDA BARMAN	9365418591	Gelinder Barma	On		
15	JUGIJAN	KOMARKATA HS	RAJAT HAZARIKA	9706840689	Rilinguidas .	Rthy.		
16	JUGIJAN	JUNGLE BLOCK HS	SALEH AHMED KHAN	9678784872	3 set gran	Saleh there.		
17	JUGIJAN	NABAKALPA PATHSALA HS	SIKHA RANI DAS	8638538929	Sikha Rami Daz	Sikha Rani Daz		
18	JUGIJAN	DESHABANDHU BIDYAPITH HSS	PRAGATI DAS	8822110621	Progenti Am	Pragonti 200.		
19	JUGIJAN	DAKSHIN HOJAI HS	NAYANIKA BORAH	9435568198	Noyanika Bord	Noyanika Bons		
20	JUGIJAN	DESHABANDHU VIDYAPITH GIRLS' HS	PINKI DEBNATH			Pinki selnath		
21	JUGIJAN	VIVEKANANDA VIDYALAYA HS	LAKHAN DOLEY	8473976287	Lathanstolley	Lakhan Soley		
22	JUGIJAN	RADHANAGAR DAYAMOYEE HS	ANITA RANI NATH		Anita Rani Nath.	Anita Kani Kath		
23	JUGIJAN	AMBARI HS	AZMOL HUSSAIN AHMED	7576051698	Agmal Aussain	Olymal Hassain		
24	JUGIJAN	JUGIJAN HSS	SALAM MEMI DEVI		Salam Memi avi	Balam Memi Re		
25	JUGIJAN	ABDUL HASIB GIRLS HS	AZMAL ALI BHUYAN	9458213598	Famue At Bhya	Armal At Blug		
20	6 JUGIJAN	ADARSHA BIDYANIKETAN HS	ANUP MAJUMDER	9435369389	Anup Majumelos	Anup Maine		
	IQAC, Lank	rdinator Mahavidyalaya Tojai, Assam	District Program. Tracker		Principal Princi			

Attendance Sheet of the Nodal Teachers Programme: 2 days District Level training on Emotional Well Being & Mental Health, Organized by SAMAGRA SIKHA, HOJAI, ASSAM in Collaboration with Incubation Centre for MENTAL HEALTH & GROWTH, IQAC, LANKA MAHAVIDYALAYA, LANKA, ASSAM Dated 14th and 15th March/23 Venue Lanka Mahavidyalaya, Lanka SI Name of NodaL Block Signature School_Name Signature No Contact No Teacher Tecaher Day I Day II 27 JUGIJAN RABINDRA BIDYALAYA HS SCHOOL Kelal Sutradfore Kelol Sutranthan KAJAL SUTRADHAR 8876666176 28 JUGIJAN ABDUL HASIB HSS TH RUMI SINGHA 700253445 29 JUGIJAN GANDHI VIDYAPITH HS SRI MRITYUNJAY KUMAR RAY 9706557684 30 JUGIJAN KENDUGURI JANAJATI HS 8721894073 Goefa thouser GEETA THOUSEN 9707821532 Cadmobalias 31 JUGIJAN DAKHIN JOGIJAN HIGH SCHOOL Prohimoultation PADMABATI DEVI 9954342775 faxan celli Ah 32 JUGIJAN PUB JARUNI HS faxar uldi Ah FAKAR UDDIN AHMED 33 JUGIJAN RABINDRA VIDYAMANDIR HS MUJIBUR RAHMAN 1954148256 M2 Muziber Rahma Ma Muzibur Rahmar 8876161284 Puspa Ray 34 JUGIJAN JAMUNAMUKH HSS Puspa Kay PUSPA ROY 35 JUGUAN MOUDANGA HS 970793734 Bach Telan Res " Buchl told & BODRUL ISLAM BORBHUYAN SREE NARASINGHA STHAN H. 7707799345 Nover Goridas 36 JUGUAN SCHOOL Haraki Banila MAHABIR RABIDAS 27 JUNIAN DESHABANDHU BIOYAPITH DILBAG SINGH Dilbag H-S-SCHOOL Co-ordinator IQAC, Lanka Mahavidyalaya Lanka, Hojal, Assam

